If Your Marriage is Experiencing Difficulties or is Under Stress...



Retrouvaille* (Rediscovery)

Retrouvaille (*Re-tro-vi*)

What is Retrouvaille?

Retrouvaille is a program designed to help, heal and renew troubled marriages. The word "Retrouvaille" simply means rediscovery. It is a program that offers couples the chance to rediscover themselves, their spouse and a loving marital relationship.

What the program is not

It is not a retreat or a sensitivity group. There are no group dynamics or group discussions. It is NOT a time for hurting, but it IS a time for healing.

Who can Retrouvaille help?

If your marriage has become unloving and uncaring, if your relationship has grown cold and distant, if there is little or no meaningful communication, if you feel disappointment or even despair, then Retrouvaille can help your marriage.

Even if you are thinking of separation or divorce or you are already separated or divorced, but want to try again, Retrouvaille can help you. If you and your spouse want to renew your marriage and are willing to put in your best effort, then we invite you, and even urge you, to come to a Retrouvaille program.

Although Retrouvaille is a Catholic program, we welcome couples of other faiths. However, because it is designed to help marriages, we do not recommend it to those living common-law.

How can Retrouvaille help?

The emphasis of this program is on improving the relationship between a husband and wife.

The program consists of a weekend and six follow-up sessions. At the weekend, a series of in-depth presentations are given by one of three married couples and a priest. Each presentation focuses on a specific area of the marital relationship and is followed by a period of reflection. Discussion between spouses then takes place in complete privacy.

The weekend is not a spiritual retreat, not a sensitivity group, not a seminar, nor a social gathering. It is a weekend devoted to rediscovering love in your relationship.

You will not be asked to share your problems with anyone else. You will, however, be encouraged to put the past behind you and start rediscovering your spouse again.

The weekend is not a miracle cure. Therefore, follow-up sessions have been designed to continue the marriage renewal begun on the weekend. These follow-up sessions review concepts in greater depth, present new ones, and help you apply these concepts to your own marriage.

The post-weekend phase is as important for hurting couples as is the weekend. Couples registering for Retrouvaille are expected to attend the post-weekend sessions as well as the initial weekend.

Selecting Participants

We will not accept couples if either party is involved in a third-party relationship, since exclusive commitment is required in a sacramental union.

Confidentiality

Be assured of the strictest confidentiality if you decide to participate in Retrouvaille. Many couples do not wish to let others know they are participating in such a weekend and we respect the wishes of these couples.

Team Leaders

Those giving the presentation on the weekend are not professional counselors. Neither the priest nor the team couples will do any counseling. They are there to give presentations.

Retrouvaille is a program for couples who feel they have less than a complete marriage and are willing to try to put the past behind and work at rediscovering each other in a new and positive way.

If your marriage needs healing, please take this flyer home and call us or go to www.retrouvaille.org. Help is available to you if you would like it.

If you know of a couple who needs help, please take this flyer to them and urge them to call us. They may be desperately looking for help, but don't know where to turn to find it.

For more information contact:

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Register Online: www.retrouvaille.org

Where and When?

St. Johns Center, 2500 N. Tyler, Little Rock, Arkansas

Go to www.helpourmarriage.org for dates.

Weekends begin Friday evening with registration at 7:00 p.m. and close with Mass on Sunday afternoon. Information on the six follow-up sessions will be announced on the weekend.

What will it cost?

A registration fee of \$200 is requested, but no couple is ever denied the chance to heal and renew their marriage because of financial difficulties. This concern should not influence your decision to come to a Retrouvaille weekend. On the weekend, you will be asked for a donation. This one donation covers the expense of both the weekend and the follow-up sessions.