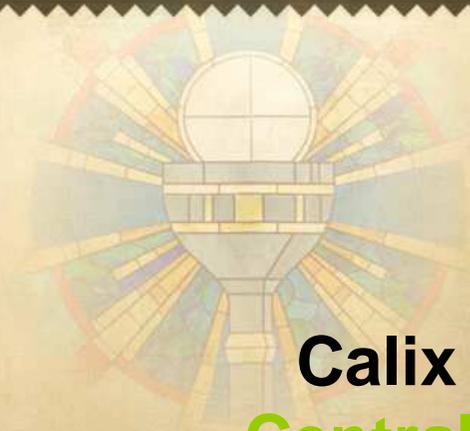


TWELVE STEPS & their biblical comparisons*

- 1** We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable. "For I know that good does not dwell in me, that is, in my flesh...the law of the spirit of life in Christ Jesus has freed you from the law of sin and death." Romans 7:18; 8:2
- 2** We came to believe that a power greater than ourselves could restore us to sanity. "For God is the one who, for his good purpose, works in you both to desire and to work." Philippians 2:13
- 3** We made a decision to turn our lives and our wills over to the care of God. "I urge you therefore, brothers, by the mercies of God, to offer your bodies as a living sacrifice, holy and pleasing to God, your spiritual worship." Romans 12:1
- 4** We made a searching and fearless moral inventory of ourselves. "Let us search and examine our ways that we may return to the Lord!" Lamentations 3:40
- 5** We admitted to God, to ourselves, and to another human being the exact nature of our wrongs. "Therefore, confess your sins to one another and pray for one another, that you may be healed..." James 5:16
- 6** We were entirely ready to have God remove all these defects of character. "Humble yourselves before the Lord and he will exalt you." James 4:10
- 7** We humbly asked Him to remove all our shortcomings. "If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing." 1 John 1:9
- 8** We made a list of all persons we had harmed and became willing to make amends to them all. "Do to others as you would have them do to you." Luke 6:31
- 9** We made direct amends to such people whenever possible, except when to do so would injure them or others. "Therefore, if you bring your gift to the altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift." Matthew 5:23-24
- 10** We continue to take personal inventory and when we were wrong, promptly admitted it. "Therefore, whoever thinks he is standing secure should take care not to fall." 1 Corinthians 10:12
- 11** We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us, and power to carry that out. "Let the word of Christ dwell in you richly..." Colossians 3:16
- 12** Having had a spiritual experience as the result of these steps, we try to carry this message to others and to practice these principles in all our affairs. "Brothers, even if a person is caught in some transgression, you who are spiritual should correct that one in a gentle spirit, looking to yourself, so that you also may not be tempted." Galatians 6:1



Calix Society of Central Arkansas

substituting the cup that stupefies
with the one that sanctifies.



Calix Society
of Central Arkansas

Catholic Diocese of Little Rock
2500 North Tyler St.
Little Rock, AR 72207

calix@dolr.org

Welcome to the Calix Society. You have found a friend. We are often called the “best kept secret in the Catholic Church” despite our best efforts of trying to spread the word since our beginning in 1947. There is no secret in the Calix approach. The heart of Calix is prayer and the sacraments, supplying “faith with virtue” (Peter 2-1). That’s how it started, and that is basically what it remains.

We offer help on the road to quality sobriety. Calix (Latin for “Chalice” and pronounced “kaylicks”) is not a substitute for A.A./Al-Anon or other 12-step programs like Celebrate Recovery or Growing in Grace. In fact, faithful attendance at A.A. or Al-Anon meetings or other 12-step program is strongly recommended. This is definitely no attempt to establish a Catholic A.A./Al-Anon.

However, as Christians we often feel our response to the 11th step is less than satisfactory. It is in this area that Calix can offer a positive program – one that not only applies to all the steps but also leads us to a better understanding of our “Higher Power”, who for us is Jesus Christ. “He is the key that opens all the hidden treasures of God’s wisdom and knowledge.” (Col. 2-3)

The Calix Society International and all units are Catholic and each led by a priest who serves as Spiritual Director, but its membership is open to all faiths including family and friends who are affected.

The Calix Credo

Every Calix function should open with this statement:

“Calix is an association of Catholic alcoholics who are maintaining their sobriety through affiliation with, and participation in the Fellowship of Alcoholics Anonymous. Our first concern is to interest Catholics with an alcoholic problem in the VIRTUE of total abstinence. Our second stated purpose is to promote the spiritual development of our membership. Our gathering today is an effort in this direction. Our conversation and our association together should be a source of inspiration and encouragement to each other, geared to our growth toward spiritual maturity. Our participation in all other spiritual activities of Calix, such as the frequent celebration of the Liturgy, reception of the Sacraments, personal prayer and meditation, Holy Hours, Days of Recollection, and Retreats, aid us in our third objective, namely, to strive for the sanctification of the whole personality of each member. We welcome other alcoholics, not members of our Faith, or any others, non-alcoholics, who are concerned with the illness of alcoholism and wish to join with us in prayer for our stated purposes.”

NIHL OBSTAT:
The Rt. Rev. Msgr. David A. Dillon, S.T.D.
Censor Librorum
March 9, 1971

IMPRIMATUR:
✠Leo C. Byrne
Coadjutor Archbishop of St.
Paul and Minneapolis
March 10, 1971

HOW DO I PLUG IN?

- Contact the Diocese of Little Rock Liaison for all Calix units via e-mail calix@dolr.org
- Watch your parish church bulletins for announcements about meetings or upcoming events that you can attend.
- Visit our information page at www.dolr.org/boards-organizations#calix-society or the national organization’s website at www.calixsociety.org

SMALL GROUP GUIDELINES*

1. Keep your sharing focused on your own thoughts and feelings. Please limit your sharing to 3 – 5 minutes.
2. There will be no cross-talk, please. Cross-talk is defined as two individuals engaging in a dialogue, excluding all others. Each person is free to express feelings without interruption.
3. We are here to support one another. We will not attempt to “fix” another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group!
5. Offensive language has no place in a Christ-centered Calix meeting.

**Twelve Steps & their biblical comparisons and Small Group Guidelines from Celebrate Recovery materials. Bible passages from New American Bible (NAB).*